

CPA Saint Laurent PROTOCOLE COVID

The following measures must be respected at all times to ensure the security of all participants: skaters, coaches, volunteers and partners. The CPA Saint Laurent must follow the government directives and Patinage Quebec safety directives that have been put in place to ensure the safety of all. Special directives have been put into place for this season. It is compulsory to follow the directives. In case of non-compliance the participants will be refused access to the facility and session without any make-up class or reimbursement.

Skaters

1. When registering online, all skaters must fill in the acknowledgement of risk form. (The form can be found under the tab: Club, Policies)
2. All Skaters must wash or disinfect their hands **upon arrival** and **when leaving** the arena.
3. All skaters **must** complete the medical form daily **prior** to their session.
4. Individuals with COVID-19 symptoms or having been in direct contact with a COVID-19 positive individual or having been on travel outside of Quebec in the past fourteen (14) days will not be allowed access to the arena. The club **MUST** be informed by email. Cpastl.secretaire@gmail.com
5. All skaters must wear masks entering and exiting the arena facility. Masks are not required on the ice for STAR skaters.
6. We recommend that skaters arrive dressed in their uniform/costume as well as with their skates protected with skate guards.
7. STAR Skaters should arrive dressed and ready for their skating session and may tie their skates in the designated area while maintaining social distance of 2 m at all times.
8. Skaters are not permitted skate bags or personal items in the arena (please leave them in the car)
9. STAR skaters must bring their own water bottles.
10. Skaters should have a plastic baggie or plastic basket clearly marked with their name containing their own Kleenex, sanitizer, extra mitts etc.) and will place this bag on the skating boards. **DO NOT** use the benches to place your objects.
11. To avoid the possible encounter with skaters who have completed their session with those who arrive, Skaters must follow times allotted; skaters cannot go past their designated time. The schedule includes a disinfection/sanitation period. Unless otherwise directed by the club volunteer, it is not possible to step on the ice before the official start of the session. Skaters cannot skate on sessions for which they are not registered.
12. When a skater's lesson is finished, they must change to their shoes and exit the building immediately. (Lingering in the change area or lobby will not be tolerated)
13. A volunteer will always be available to open and close the door of the ice surface. Skaters are not be permitted to touch the door.
14. Absolutely no skater is permitted to remain in the arena during the cleaning process.
15. **PARENT/GUARDIAN:**
 - **BONAVENTURE:** Parents are only allowed access to the main hall. Access to the rink, room corridors or changing rooms is not allowed. A parent/guardian **MUST** be present for the duration of the CanSkate lesson. A skater will be refused access to the ice if a parent/guardian is absent. Masks must be worn at all times at the Bonaventure arena. The 2 meter social distancing must be maintained at all times.
 - **CEGEP Saint Laurent:** Parents or spectators are **not** allowed to enter the CEGEP arena; they must remain outside the arena during the skater's practice time.

Coaches

1. Prior to entering the arena facility for the first time please email your completed Acknowledgement of risk form to CPASTL.SECRETAIRE@GMAIL.COM. (Without such you will not be permitted into the arena)
2. All Coaches must wash or disinfect their hands upon arrival and departure.
3. All coaches must complete the medical form daily prior to their session. Please follow arrival times designated by the schedule.
4. All coaches must report if they or anyone they have been in contact with an individual diagnosed with COVID or has traveled outside of Quebec in the past 14 days.
5. All coaches must wear a mask when entering and exiting the arena facility. The procedure mask will be provided by the club for the CanSkate sessions.
6. Follow the direction arrows and the entrances and exits as designed by the arena facility.
7. Coaches may not touch the boards
8. Please keep all personal items behind you on the bench in your designated area
9. Coaches may not touch their skaters at any time
16. Coaches must follow scheduled lesson times (no over-lapping any incomplete lesson). To avoid the possible encounter with skaters who have completed their session with those who arrive, Skaters must follow times allotted; skaters cannot go past their designated time. The schedule includes a disinfection/sanitation period. Unless otherwise directed by the club volunteer, it is not possible for the skaters to step on the ice before the official start of the session. Skaters cannot skate on sessions for which they are not registered.
10. When a coach's lesson is finished, they must exit the building immediately. (No lingering in the lobby or dressing area)
11. Absolutely no coach can remain during the cleaning process.